

August 5th 2008

Swansea Bay 5k

| Position | Time | Number | Name | M/F | Vet | Club |
|----------|-------|--------|----------------------|-----|-----|---------------------|
| 1 | 15:00 | 41 | Simon Jones | M | | Belgrade AC |
| 2 | 15:06 | 95 | Daniel Gurmin | M | | Swansea Harriers |
| 3 | 15:10 | 62 | Lewys Hobbs | M | | Swansea Harriers |
| 4 | 16:07 | 51 | Alexander Hendry | M | | Central AC |
| 5 | 16:13 | 58 | Darran Hiscox | M | | Bridgend AC |
| 6 | 16:15 | 64 | Elliot Cole | M | | Bridgend AC |
| 7 | 16:27 | 79 | Gareth Jones | M | | 3M |
| 8 | 16:32 | 238 | Mark Roberts | M | | |
| 9 | 16:35 | 265 | Gareth Davies | M | V | Bridgend AC |
| 10 | 16:42 | 267 | Simon Wilson | M | V | |
| 11 | 16:50 | 96 | Matthew Gurmin | M | | Abertillery |
| 12 | 16:59 | 323 | Tim Lewis | M | V | Bridgend AC |
| 13 | 17:05 | 258 | Alan Davies | M | V | |
| 14 | 17:10 | 47 | Steven John Richards | M | | Swansea Harriers |
| 15 | 17:18 | 46 | Andrew Rimmer | M | | Celtic Tri |
| 16 | 17:28 | 270 | Dave Wilson-Evans | M | V | |
| 17 | 17:31 | 57 | Iestyn Harrett | M | | Celtic Tri |
| 18 | 17:35 | 283 | Martin Webborn | M | V | Swansea Harriers |
| 19 | 17:44 | 65 | James Hockin | M | | Celtic Tri |
| 20 | 17:47 | 456 | Amanda Jones | F | | Swansea Harriers |
| 21 | 17:53 | 254 | Grant Howells | M | V | Swansea Harriers |
| 22 | 17:53 | 113 | Matthew Rees | M | | |
| 23 | 17:54 | 67 | Andrew Cleverly | M | | Swansea Harriers |
| 24 | 18:01 | 440 | Elinor Kirk | F | | Swansea Harriers |
| 25 | 18:02 | 268 | Ron Jenkins | M | V | |
| 26 | 18:05 | 60 | Mark Reynolds | M | | Neath Harriers |
| 27 | 18:18 | 43 | Matthew Richards | M | | Pembs Harriers |
| 28 | 18:20 | 279 | Ian Webb | M | V | Llanelli AAC |
| 29 | 18:27 | 306 | Dave Rose | M | V | Brackla |
| 30 | 18:31 | 278 | Tom Cadwallader | M | V | Mumbles Milers |
| 31 | 18:35 | 92 | Alun Rees | M | | Neath Harriers |
| 32 | 18:37 | 302 | Nezl Davies | M | V | Cornelly Striders |
| 33 | 18:37 | 315 | Steve Brace | M | V | Bridgend AC |
| 34 | 18:40 | 108 | Geraint Rees | M | | Brackla |
| 35 | 18:42 | 115 | Matt Hopkins | M | | Les Croupiers |
| 36 | 18:48 | 114 | Kieran Mackintosh | M | | Port Talbot |
| 37 | 18:53 | 444 | Elysia Rudley | F | | Swansea Harriers |
| 38 | 18:56 | 78 | Peter Greenwood | M | | Swansea Uni |
| 39 | 18:57 | 9 | Michael Roderick | M | | |
| 40 | 18:58 | 86 | Pete Lloyd | M | | 3M |
| 41 | 19:00 | 249 | James Zaple | M | V | Herne Hill Harriers |
| 42 | 19:01 | 503 | Clare Phillips | F | V | Swansea Harriers |
| 43 | 19:01 | 313 | Steve Williams | M | V | Neath Harriers |
| 44 | 19:03 | 550 | Melissa Watson | F | V | Trots |
| 45 | 19:04 | 274 | Mark Terry | M | V | Trots |
| 46 | 19:10 | 104 | Will Kenyon | M | | Brovie |
| 47 | 19:13 | 242 | Huw Bowen | M | V | |
| 48 | 19:14 | 18 | Christian Gillibrand | M | | Sudbury Joggers |
| 49 | 19:20 | 127 | Andrew Baker | M | | Neath Harriers |
| 50 | 19:22 | 257 | Robert bamsey | M | V | Neath Harriers |

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|-----|-------|--------------------------|---|---|----------------------|
| 51 | 19:25 | 310 Alex Williams | M | V | RRC |
| 52 | 19:25 | 50 Michael Halsall | M | | Llanelli AAC |
| 53 | 19:26 | 84 Jason Bellamy | M | | |
| 54 | 19:28 | 316 Paul Rees | M | V | 3M |
| 55 | 19:28 | 281 Nigel Francisco | M | V | Wecori |
| 56 | 19:32 | 288 Anthony Higgins | M | V | |
| 57 | 19:32 | 111 Paul Stevens | M | | |
| 58 | 19:36 | 94 Thierry Maffeis | M | | |
| 59 | 19:39 | 273 Phil Harding | M | V | Swansea Harriers |
| 60 | 19:41 | 220 Mark Dunscombe | M | V | Sarn Helen |
| 61 | 19:41 | 312 Mike Rimmer | M | V | Celtic Tri |
| 62 | 19:44 | 207 John Morgan | M | V | Brackla Harriers |
| 63 | 19:45 | 319 Martyn Hughes-Dowdle | M | V | |
| 64 | 19:48 | 68 Matthew Evans | M | | |
| 65 | 19:49 | 226 Andrew Carter | M | V | |
| 66 | 19:50 | 285 Steve Evans | M | V | Neath Harriers |
| 67 | 19:52 | 119 Lee Bowen | M | | Llanelli AAC |
| 68 | 19:54 | 233 Richard Proctor | M | V | |
| 69 | 19:55 | 112 Mark Stevens | M | | |
| 70 | 19:56 | 103 Dean Llewellyn | M | | SWP |
| 71 | 19:57 | 236 Ian Ogilvie | M | V | Brackla Harriers |
| 72 | 19:58 | 261 Philip Hendry | M | V | Central AC |
| 73 | 19:59 | 413 Angharad Mason | F | | Brackla Harriers |
| 74 | 20:01 | 271 Peter Murphy | M | V | Tynedale Harriers |
| 75 | 20:02 | 277 Robert Hackett | M | V | Glamorgan Harriers |
| 76 | 20:04 | 248 Martin Pearson | M | V | New Marske Harriers |
| 77 | 20:05 | 76 Ivor Parry | M | | |
| 78 | 20:09 | 296 Robert Stuart Jones | M | V | |
| 79 | 20:10 | 437 Emily Downey | F | | Llanelli AAC |
| 80 | 20:11 | 565 Amanda Evans | F | V | 3M |
| 81 | 20:13 | 448 Katie Silke | F | | Hinckley RC |
| 82 | 20:19 | 577 Frances Gill | F | V | |
| 83 | 20:20 | 276 Dave Butters | M | V | Army |
| 84 | 20:21 | 307 David Davies | M | V | |
| 85 | 20:21 | 237 Alan Perkins | M | V | Port Talbot Harriers |
| 86 | 20:22 | 85 Geraint Davies | M | | |
| 87 | 20:22 | 117 Piers Morgan-Harvey | M | | Mumbles Milers |
| 88 | 20:25 | 49 Stephen Ruddy | M | | |
| 89 | 20:27 | 93 David Wall | M | | |
| 90 | 20:28 | 546 Philippa Williams | F | V | |
| 91 | 20:29 | 284 Neil Davies | M | V | NYRRC |
| 92 | 20:31 | 314 Michael Evans | M | V | Neath Harriers |
| 93 | 20:33 | 82 Gareth Ayres | M | | Port Talbot |
| 94 | 20:33 | 80 Steve Thomas | M | | 3M |
| 95 | 20:34 | 56 Peter Hughes | M | | The Sheds |
| 96 | 20:34 | 32 Leon Murnieks | M | | Royal Navy Reserve |
| 97 | 20:44 | 222 Adrian Catling | M | V | Celtic Tri |
| 98 | 20:45 | 107 Doug Morgan | M | | |
| 99 | 20:46 | 329 Rhodri Evans | M | V | |
| 100 | 20:50 | 42 Mark Champion | M | | |
| 101 | 20:51 | 438 Cerys Morgan | F | | Swansea Harriers |
| 102 | 20:54 | 22 Graham Vyner | M | | 3M |
| 103 | 20:54 | 15 Steven Jones | M | | |
| 104 | 20:55 | 441 Katryna Ley | F | | Swansea Harriers |
| 105 | 20:56 | 576 Caroline Jones | F | V | |
| 106 | 21:02 | 299 Bob Woolterton | M | V | Bridgend AC |

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|-----|-------|-------------------------------|-----|----------------------|
| 107 | 21:06 | 28 Barry Morgan | M | Brackla Harriers |
| 108 | 21:06 | 303 Robert Fowler | M V | Amman Valley |
| 109 | 21:06 | 450 Lisa Thomas | F | Amman Valley |
| 110 | 21:08 | 61 Andrew Richards | M | Neath Harriers |
| 111 | 21:09 | 294 Mick Grant | M V | RRC |
| 112 | 21:12 | 30 Russell Crocker | M | |
| 113 | 21:12 | 559 Charlotte Johns | F V | Brackla |
| 114 | 21:12 | 91 Shaun Broome | M | Neath Harriers |
| 115 | 21:15 | 301 Paul Bigmore | M V | Brackla |
| 116 | 21:16 | 516 Helen Jones | F V | |
| 117 | 21:21 | 2 Phil Protheroe | M | Brackla Harriers |
| 118 | 21:24 | 219 Mario Rabaiotti | M V | Port Talbot Harriers |
| 119 | 21:33 | 262 Simon Pinner | M V | Wecori |
| 120 | 21:35 | 290 Nigel Morse | M V | 3M |
| 121 | 21:38 | 291 Steve Poulton | M V | |
| 122 | 21:41 | 105 Christian Heathcote-Ellio | M | |
| 123 | 21:42 | 558 Andrea Starritt | F V | Brackla |
| 124 | 21:44 | 427 Caitlin Pearson | F | New Marske Harriers |
| 125 | 21:45 | 217 Allan Jones | M V | Brackla Harriers |
| 126 | 21:46 | 83 Aled Jones | M | |
| 127 | 21:48 | 545 Gilli Davies | F V | |
| 128 | 21:49 | 554 Christina Smith | F V | 3M |
| 129 | 21:50 | 54 Martin Steele | M | |
| 130 | 21:53 | 70 Bryn Archbold | M | |
| 131 | 21:54 | 88 Ian Jones | M | |
| 132 | 21:54 | 87 Kristian Shearan | M | Brackla |
| 133 | 21:54 | 461 Sara Griffiths | F | Neath Harriers |
| 134 | 21:55 | 244 Geoff Hall | M V | |
| 135 | 22:00 | 14 Adam Abraham | M | Les Croupiers |
| 136 | 22:01 | 25 Mark Howells | M | 3M |
| 137 | 22:05 | 122 Julian Williams | M | Deviant |
| 138 | 22:06 | 298 Tony Baker | M V | |
| 139 | 22:08 | 442 Rebecca King | F | Swansea Harriers |
| 140 | 22:09 | 81 James Dawson | M | |
| 141 | 22:11 | 530 Sian Phillips | F V | Swansea Harriers |
| 142 | 22:15 | 300 Nick Darroch | M V | Brackla |
| 143 | 22:19 | 221 Tony Burt | M V | Brackla Harriers |
| 144 | 22:23 | 297 Alan Jefferies | M V | Swansea Harriers |
| 145 | 22:24 | 1 Mike Griffiths | M | Team Deviant |
| 146 | 22:26 | 203 Paul Carman | M V | |
| 147 | 22:26 | 548 Elizabeth Monica Barlow | F V | Sarn Helen |
| 148 | 22:28 | 282 Chris Jones | M V | Redhill RR |
| 149 | 22:29 | 560 Libby Lavis | F V | Brackla |
| 150 | 22:29 | 510 Sharon Bowen | F V | |
| 151 | 22:30 | 243 John Collins | M V | Swansea Harriers |
| 152 | 22:33 | 263 David Hendry | M V | |
| 153 | 22:34 | 445 Naomi Prosser | F | Hereford & County |
| 154 | 22:37 | 551 Louise Miskell | F V | 3M |
| 155 | 22:39 | 289 James Davies | M V | 3M |
| 156 | 22:45 | 218 James Thomas | M V | Brackla Harriers |
| 157 | 22:47 | 77 Paul Hands | M | |
| 158 | 22:48 | 240 Steve Davies | M V | Port Talbot Harriers |
| 159 | 22:50 | 97 Steve Keogh | M | Swansea Harriers |
| 160 | 22:52 | 125 Ross Myland | M | |
| 161 | 22:53 | 239 Andrew Rothwell | M V | |
| 162 | 22:56 | 447 Michelle Witham | F | Mumbles Milers |

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|-----|-------|-----------------------|---|---|----------------------|
| 163 | 22:57 | 90 Christian Rees | M | | |
| 164 | 23:06 | 98 Andy Oram | M | | |
| 165 | 23:09 | 210 Richard Leathers | M | V | Evesham Vale RC |
| 166 | 23:11 | 200 David Boucher | M | V | |
| 167 | 23:12 | 124 Steven Palmer | M | | |
| 168 | 23:12 | 286 Roland Matthews | M | V | Brackla |
| 169 | 23:14 | 269 Mike Nash | M | V | 3M |
| 170 | 23:17 | 31 Kevin Kavanagh | M | | |
| 171 | 23:22 | 209 Keith Treharne | M | V | Brackla Harriers |
| 172 | 23:25 | 99 Tom Moore | M | | |
| 173 | 23:27 | 421 Caroline Medicott | F | | |
| 174 | 23:28 | 622 Steffan Jones | M | | Carmarthen Harriers |
| 175 | 23:31 | 106 Chris Howells | M | | |
| 176 | 23:33 | 252 Brian Fox | M | V | Swansea Harriers |
| 177 | 23:35 | 318 Owen Morgan | M | V | |
| 178 | 23:39 | 69 Bernard Murphy | M | | |
| 179 | 23:39 | 280 Bob Gardiner | M | V | Wecori |
| 180 | 23:40 | 304 Richard Rimmer | M | V | |
| 181 | 23:43 | 228 Anthony Kavanagh | M | V | Brackla Harriers |
| 182 | 23:44 | 553 Joanne Murphy | F | V | Tynedale Harriers |
| 183 | 23:48 | 293 John Ayres | M | V | Port Talbot |
| 184 | 23:49 | 317 Derrick Griffiths | M | V | |
| 185 | 23:50 | 451 Julie Webster | F | | Brackla |
| 186 | 23:52 | 412 Joanne Davies | F | | WRN |
| 187 | 23:53 | 100 Robert Walters | M | | |
| 188 | 23:54 | 305 Martyn Willis | M | V | |
| 189 | 23:58 | 255 Michael Davies | M | V | |
| 190 | 24:02 | 311 Ray James | M | V | Port Talbot |
| 191 | 24:03 | 232 Malcolm Bullough | M | V | Swansea Uni |
| 192 | 24:03 | 101 Richard Fair | M | | |
| 193 | 24:05 | 66 Adrian Evans | M | | |
| 194 | 24:05 | 462 Tara Hammett | F | | |
| 195 | 24:07 | 512 Patricia Jones | F | V | Brackla Harriers |
| 196 | 24:07 | 415 Alice Sullivan | F | | |
| 197 | 24:07 | 201 Ian Portway | M | V | |
| 198 | 24:13 | 24 Neil Young | M | | |
| 199 | 24:13 | 55 Oliver Lewis | M | | |
| 200 | 24:15 | 544 Sheryl Evans | F | V | Hereford & County AC |
| 201 | 24:24 | 246 Stuart Barnes | M | V | |
| 202 | 24:26 | 126 Andrew Morrissey | M | | |
| 203 | 24:32 | 118 Stuart Sparkes | M | | |
| 204 | 24:33 | 206 Michael Jarman | M | V | uknetrunner.co.uk |
| 205 | 24:35 | 208 Steve Groves | M | V | |
| 206 | 24:35 | 264 Robin Barlow | M | V | Sarn Helen |
| 207 | 24:37 | 74 Aled Morgan | M | | |
| 208 | 24:39 | 223 Paul Rowney | M | V | |
| 209 | 24:40 | 443 Sarah Howe | F | | |
| 210 | 24:40 | 275 Gary Howe | M | V | 3M |
| 211 | 24:41 | 23 Alistair Thomson | M | | |
| 212 | 24:41 | 326 Stephen Newbury | M | V | |
| 213 | 24:44 | 460 Bronwen Brooke | F | | |
| 214 | 24:46 | 120 Steve Carpenter | M | | |
| 215 | 24:48 | 588 Alison Porter | F | V | |
| 216 | 24:51 | 292 Terry Hart | M | V | |
| 217 | 24:51 | 272 Steve Jones | M | V | SBOC |
| 218 | 24:53 | 99999 Unknown Number | M | | |

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|-----|-------|--------------------------|---|--------------------|
| 219 | 24:54 | 99999 Unknown Number | M | |
| 220 | 24:59 | 287 Chris Randall | M | V |
| 221 | 25:00 | 99999 Unknown Number | M | |
| 222 | 25:00 | 555 Suzie Shepherd | F | V Chepstow |
| 223 | 25:01 | 10 Steven Williams-Jones | M | |
| 224 | 25:02 | 584 Michelle Shanes | F | V Brackla |
| 225 | 25:02 | 519 Tara Rees | F | V |
| 226 | 25:03 | 527 Caroline Jones | F | V WRN |
| 227 | 25:04 | 3 Michael Williams | M | |
| 228 | 25:13 | 535 Rhianwen Petruse | F | V |
| 229 | 25:24 | 321 Neil Clegg | M | V |
| 230 | 25:27 | 266 David Rosser | M | V Amman Valley |
| 231 | 25:28 | 507 Lisa Ekman | F | V Brackla Harriers |
| 232 | 25:32 | 253 Michael Shellard | M | V |
| 233 | 25:35 | 72 Paul Jones | M | Mumbles Milers |
| 234 | 25:37 | 543 Melanie Colburn | F | V Celtic Tri |
| 235 | 25:42 | 417 Alison Gaunt | F | Larkfield AC |
| 236 | 25:47 | 596 Oona Crawford | F | V Trots |
| 237 | 25:48 | 579 Helen Phillips | F | V Amman Valley |
| 238 | 25:49 | 463 Kristina Williams | F | Deviant |
| 239 | 25:51 | 465 Rachel Ellis | F | |
| 240 | 25:52 | 330 Keith Ellis | M | V |
| 241 | 25:52 | 260 Kevin Samuel | M | V Bitton RR |
| 242 | 25:54 | 431 Sheree Phillips | F | |
| 243 | 25:55 | 582 Cath Hather | F | V Brackla |
| 244 | 25:56 | 71 Donna Griffiths | F | 3M |
| 245 | 25:56 | 585 Linda Rees | F | V 3M |
| 246 | 25:57 | 578 Lyn Brown | F | V Amman Valley |
| 247 | 26:03 | 230 Peter Llewelyn Evans | M | V |
| 248 | 26:05 | 324 Ralph Allemanno | M | V Swansea Harriers |
| 249 | 26:07 | 48 Paul Skinner | M | |
| 250 | 26:10 | 27 Mike Evanson | M | |
| 251 | 26:11 | 426 Clare Deasy | F | |
| 252 | 26:15 | 403 Rebecca O'Leary | F | WRN |
| 253 | 26:16 | 320 David Walker | M | V |
| 254 | 26:17 | 102 Daniel Melbourne | M | |
| 255 | 26:17 | 259 Jim Halsey | M | V |
| 256 | 26:23 | 322 Wayne Harris | M | V Yellow Cabs |
| 257 | 26:26 | 52 Ian Henton | M | Celtic Tri |
| 258 | 26:27 | 256 Arthur Phillips | M | V 3M |
| 259 | 26:28 | 562 Jane Ogilvie | F | V Brackla |
| 260 | 26:37 | 594 Lisa Fabb | F | V |
| 261 | 26:40 | 295 Martin Nicholls | M | V 3M |
| 262 | 26:41 | 297 Already Finished | M | |
| 263 | 26:53 | 457 Nia Godsmark | F | |
| 264 | 26:54 | 449 Johanne Edwards | F | |
| 265 | 26:55 | 581 Louise Oram | F | V |
| 266 | 27:00 | 309 Rob Skelton | M | V |
| 267 | 27:01 | 583 Sara Burkeke | F | V Brackla |
| 268 | 27:04 | 308 Greg Hutton | M | V |
| 269 | 27:09 | 401 Nneka Okonta | F | Datchet Dashers |
| 270 | 27:16 | 121 Dai Carpenter | M | |
| 271 | 27:30 | 414 Tina Seward | F | |
| 272 | 27:39 | 567 Pippa Poulton | F | V |
| 273 | 27:40 | 566 Jacqui Jenkins | F | V |
| 274 | 27:45 | 568 Vicki Hopkins | F | V |

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|-----|-------|---------------------------|---|---|------------------|
| 275 | 27:48 | 405 Michelle Davis | F | | |
| 276 | 27:49 | 563 Caron McKee Hands | F | V | FERC |
| 277 | 27:59 | 116 Ross Edwards | M | | Yellow Cabs |
| 278 | 28:14 | 506 Jaynie Rance | F | V | |
| 279 | 28:16 | 409 Tracey Howells | F | | |
| 280 | 28:21 | 19 Ian Bacon | M | | |
| 281 | 28:29 | 556 Kathryn Davies | F | V | |
| 282 | 28:34 | 569 Julie Lloyd | F | V | |
| 283 | 28:35 | 110 Bobby Tsang | M | | |
| 284 | 28:41 | 109 Adam Holder | M | | |
| 285 | 28:46 | 592 Samantha Ward-Jones | F | V | WRN |
| 286 | 28:50 | 552 Jane Dakin | F | V | Brackla |
| 287 | 28:54 | 53 Mike Edey | M | | |
| 288 | 28:55 | 75 Gary Taylor | M | | Mumbles Milers |
| 289 | 29:04 | 573 Linda Owens | F | V | 3M |
| 290 | 29:10 | 453 Nicole Brown | F | | |
| 291 | 29:17 | 571 Julie Davies | F | V | 3M |
| 292 | 29:26 | 518 Mary Donnelly | F | V | Brackla Harriers |
| 293 | 29:32 | 564 Jo Haines | F | V | |
| 294 | 29:52 | 557 Ros Ash | F | V | |
| 295 | 29:57 | 587 Johanne Hughes-Dowdle | F | V | |
| 296 | 30:02 | 542 Lisa Ogilvie | F | V | Celtic Tri |
| 297 | 30:02 | 586 Deb Morris | F | V | |
| 298 | 30:27 | 537 Heather Pearson | F | V | North East Vets |
| 299 | 30:28 | 99999 Unknown Number | M | | |
| 300 | 30:35 | 99999 Unknown Number | M | | |
| 301 | 30:35 | 99999 Unknown Number | M | | |
| 302 | 30:36 | 580 Helen Calcutt | F | V | |
| 303 | 30:38 | 458 Ruth Hurley | F | | |
| 304 | 30:38 | 325 John Hurley | M | V | |
| 305 | 30:41 | 436 Anna Kathryn Phillips | F | | |
| 306 | 30:47 | 575 Shirley Rose | F | V | Brackla |
| 307 | 31:09 | 526 Kay Davis | F | V | |
| 308 | 31:14 | 432 Lois Jones | F | | |
| 309 | 31:40 | 73 Phillip Mitchell | M | | |
| 310 | 31:41 | 561 Elise Jenkins | F | V | WRN |
| 311 | 31:42 | 123 Darren Taylor | M | | |
| 312 | 31:48 | 400 Stephanie Portway | F | | |
| 313 | 31:52 | 590 Sian Morgans | F | V | |
| 314 | 31:53 | 247 Ian Treen | M | V | |
| 315 | 31:59 | 593 Cath Harris | F | V | WRN |
| 316 | 32:02 | 328 Robin Wood | M | V | |
| 317 | 32:03 | 591 Anita Knill | F | V | |
| 318 | 32:06 | 547 Wendy Davies | F | V | |
| 319 | 32:20 | 595 Melanie Coleman | F | V | |
| 320 | 32:34 | 428 Sam Holly | F | | |
| 321 | 32:37 | 513 Lynn Chambers | F | V | |
| 322 | 32:40 | 429 Kimberly Michael | F | | |
| 323 | 32:42 | 59 Darren Snell | M | | |
| 324 | 32:49 | 598 Emilie Short | F | V | |
| 325 | 32:54 | 517 Sian Ackland | F | V | Brackla Harriers |
| 326 | 32:58 | 539 Ceri Saunders | F | V | Grand Cayman BWI |
| 327 | 33:38 | 410 Rachel Youlten | F | | |
| 328 | 33:40 | 536 Rae Lewis | F | V | |
| 329 | 33:57 | 538 Sarah West | F | V | WRN |
| 330 | 34:01 | 502 Melanie Stone | F | V | |

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|-----|-------|------------------------|---|---|----|
| 331 | 35:00 | 63 Andrew Davies | M | | |
| 332 | 36:05 | 434 Nicola Lane | F | | |
| 333 | 36:51 | 572 Nadine Hall | F | V | 3M |
| 334 | 36:51 | 570 Christine Hurdrige | F | V | 3M |
| 335 | 37:00 | 459 Sarah Taylor | F | | |
| 336 | 41:03 | 435 Stacey Jenkins | F | | |
| 337 | 41:03 | 455 Bailey Minere | F | | |
| 338 | 42:08 | 446 Carly Jones | F | | |
| 339 | 42:08 | 420 Michelle Gibbs | F | | |
| 340 | 42:48 | 589 Mel Jehu | F | V | |
| 341 | 42:49 | 430 Gemmar Williams | F | | |
| 342 | 44:14 | 454 Lucy Campbell | F | | |
| 343 | 44:15 | 574 Helen Willis | F | V | |

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