



SWANSEA BAY 5K



Adult 5k

veterans, seniors,
men & women
prizes

5k Prizes

1st ~ £25
2nd ~ £15
3rd ~ £10

2012 Entry Form

Adults 5K, U15 1Mile

Tues 8th May ~ Tues 12th June

Children's Fun Runs

Tues 22nd May ~ Tues 26th June

The Races:

Adult 5k ~ £8 entry 7pm start.

U15 1 mile Challenge ~ £2 entry 6.30pm start.

The Races:

Dedicated Event

U12 races ~ £1.50 entry 6pm start.

Adult 5k
2 races
from £10!

Location:

Junction Café Bar, Blackpill Lido,
Swansea, registration from 5.00pm

Goody
bags for all
children!

How to Enter:

| First Name

| Last Name:

| Address:

| Postcode:

| Email:

| Club:

| AA of Wales Reg. No:

| Date of Birth: / /

| Age:

| Male/Female:

Which race? (✓)

5k races - £8/6*:

U15 1m races - £2:

8 th May	12 th June	Two races (5k £12/£10*)

Neither LC Cobras or its agents or race organisers shall be liable for any loss or injury whatsoever in the course of or in connection with the entry. Held under UK Athletic rules. My signature appended to this entry form shall be deemed to be acceptance of this. I consent to the use of my name or records pursuant to the Data Protection Act 1998.

| Signature:

| Date:

Return form to: LC Swansea Bay 5k, 113, Dunvant Road, Killay, Swansea. SA2 7NN **Cheques payable:** Swansea Bay 5k.

~ Certified course ~ Held under UK Athletic rules ~ Permit applied for ~ *£2 discount to members of the AAW Registration Scheme ~

~ Results available at www.swanseabay5k.com ~

www.swanseabay5k.com

~ info@swanseabay5k.com ~ 07860460532 ~ Register for our mailing list at www.swanseabay5k.com ~